



A NEW DAY EVALUATION REPORT

Q. What's the most valuable thing you have learned from the Evaluation report?

The report provides information that will help inform the program design and management. It also highlights two major findings related to the effectiveness of the program:

1. As expected, men who finish the program receive the most benefit, but we start to see positive results for men who complete more than 10 of the 24 sessions in the curriculum.
2. Men who join groups are much more likely to finish the program than men who participated in sessions one-to-one. About half of the men who joined groups completed all sessions. The dropout rate for men who did not join a group, and received one-to-one support was much higher.

Q. What does the evaluation report tell us about the number of men who participated in the program?

The evaluation focused on the period from October 2012 and December 31, 2015 and the 80 men who completed intake forms. Their progress was tracked in order to determine the program's effectiveness, and to identify trends. It was important we were able to follow results for a number of months after their sessions were completed in order to determine what was effective in reducing violent behaviours.

Q. Why are we hearing such a variation on the number of people in this program?

As currently designed, A New Day is a 20 week group narrative therapy program that requires a commitment of 2 hours per week. Based on the data provided by the contractor, the Department has been reporting only on the number of men who participated in A New Day program.

During the pilot phase a total of 7 groups started with 12 men completing all sessions. Another 4 men have completed all sessions without ever joining groups, making the total 16 men who completed the program curriculum. We still have one group that will be finished before Dec. 31 with 4 participants.

Other services to men, women, and youth that are outside the scope of A New Day, while they may be valuable to the community, do not fall within the program and have not been included in these numbers.



Q. What happens after that six months extension is up?

We are committed to using the results of this pilot project to fine-tune and deliver a long-term program that will help men learn good alternatives to using violence in their relationships. The new program will be ready to operate before the six months expires.

Q. Why were you looking at cutting the funding for this important program?

At no time was the plan to cut the funding. We have funded it 100% and we are committed to it. A New Day was developed and designed by the GNWT as an important tool to help combat the unacceptable level of violence in our NWT families and communities. The plan was always to run a testing phase (pilot program), evaluate the results and based on the evidence, fine tune where necessary before launching a long-term program.

Q. What does the future look like for A New Day?

During this transition phase we will be applying the lessons learned, making necessary changes so we are fully operational before the end of the program extension.

Our next step is to ensure that the program is delivered as effectively and efficiently as we can, based on the lessons learned from the pilot project. We want to ensure that eventually we can build upon this model so that we can provide this service to as many men in the NWT as possible. We feel this program works.
